



Virginia Beach Task Force on Aging

www.vbtfa.org

June 8, 2023 | 8:30AM

Beth Sholom

6401 Auburn Dr., Virginia Beach, VA 23464

Minutes

Welcome: Sondra Holmes, Chairperson

Thank you to Laura Gadsby, Dawn Orcutt & Allison Hechtkopf for providing the meeting location and breakfast. Presentation of arts & crafts and board games for the residents.

40 members and guest in attendance.

Katrina Parker - Introduced the speaker: - Jeff Byrd of Jeff Byrd Coaching - who gave an enlightening and captivating presentation entitled, “Silencing ANT’s - Automatic Negative Thoughts”.

Old Business:

New Business: A decision will be made in July for the upgrades to the website.

Officer and Committee Chair Reports

Chair: Sondra Holmes

Vice-Chair: Katrina Parker - Locations and speakers are needed.

Secretary: Corey Sullivan - Minutes are on the website through May. Announcements are sent out weekly.

Treasurer: Rebekah deMoss - (Balance: \$1,879.79)

Membership: Tara Evalle - Members: 58 Total Paid Members

Charitable Fund: Brad Lazernick - Applications are on hold until 3rd quarter.

Publicity/Website: Carey Raleigh - The website is up to date with as much of the Schedule & Guest Speakers as we currently have confirmed under their prospective tabs. The PayPal link on the Membership tab now allows for either Individual Membership or Business Membership.

Fund Raising: Newly appointed Committee, chaired by Suzanne Passarella of Visiting Angels.

New Paid Member Spotlight

First Time Attending Highlight

Membership Highlight – 15 Second Introductions if time permits

Meeting Adjourned- We will see you next month!

Next Month’s VBTFEA Meeting

July 13, 2023 @ 8:30AM

Location: TBD

Speaker: Cristy Hansen, VP Sales & Marketing, Senior Advocate